

What Approach to Learning Do You Use?

Instructions: Read each statement and ✓ the column descriptor you feel best represents how you learn.

	Strongly Agree	Somewhat Agree	Somewhat Disagree	Strongly Disagree
Approach:				
I find I must concentrate on just memorizing a good deal of what I have to learn.				
I am not really sure what's important in lectures, so I try to get down all I can.				
I tend to read very little beyond what is actually required to pass.				
I concentrate on learning just those bits of information that I have to know to pass.				
I like to be told precisely what to do in essays or other assignments.				
I often seem to panic if I get behind in my work.				
Often, I find myself wondering whether the work I am doing here is really worthwhile.				
Approach:				
I think I am quite systematic and organized when it comes to studying for exams.				
I am pretty good at getting down to work whenever I need to.				
I organize my study time carefully to make the best use of it.				
Before starting work on an assignment or exam question, I think first how best to tackle it.				
I look carefully at my instructor's comments on course work to see how to get higher marks the next time.				
I put a lot of effort into studying because I am determined to do well.				
When I have finished a piece of work, I check it through to see if it really meets requirements.				
Approach:				
When I am reading I stop from time to time to reflect on what I am trying to learn from it.				
When I am working on a new topic, I try to see in my own mind how all the ideas fit together.				
Often, I find myself questioning things I hear in lectures or read in books.				
Some of the ideas I come across on the course I find really gripping.				
I usually set out to understand for myself the meaning of what we have to learn.				
I like to play around with ideas of my own even if they don't get me far.				
It is important for me to be able to follow the argument, or to see the reason behind things.				